

NO STRINGS NUTRITION

Good Faith Estimate Notice

You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost.

Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance an estimate of the expected charges for medical services, including services provided by a Registered Dietitian Nutritionist.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including nutrition counseling services.

You can ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service. If you are billed for more than the Good Faith Estimate, you have the right to dispute the bill. You may contact the health care provider to let them know the billed charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate, ask to negotiate the bill, or ask if there is financial assistance available including a sliding scale or payment plan.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill. If the agency reviewing your dispute agrees with you, you will have to pay the price on the Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to www.cms.gov/nosurprises or call HHS at (800) 368-1019.